



EVERYDAY ENERGY CHECKLIST

The energy we use every day powers our learning. Small choices — like turning off lights or shutting down devices — add up over time. These routines help us become aware of our habits and use our energy with care.

1) SMART START: MORNING WALK THROUGH

At the start of the day, take two minutes to scan the classroom.

Look for these things:

- Lights that are on when daylight is enough
- Screens or projectors that are on but not being used
- Devices that are plugged in but not needed

What did you notice today?

Did today's scan show improvement from yesterday?

- Yes About the same No



2) LIGHT CHECK ROUTINE

Notice when the classroom has enough natural light.

When could the lights have been turned off?

- Independent work
- Transitions
- Sunny mornings or afternoons

What patterns did you notice?

3) DEVICE POWER DOWN AUDIT

At the end of the day, take inventory of how electronic devices are left.

Number of devices fully shut down: _____

Number of devices left in sleep mode: _____

Are power bars turned off if not needed? Yes No



REFLECTION

What's one habit our class is getting better at?
